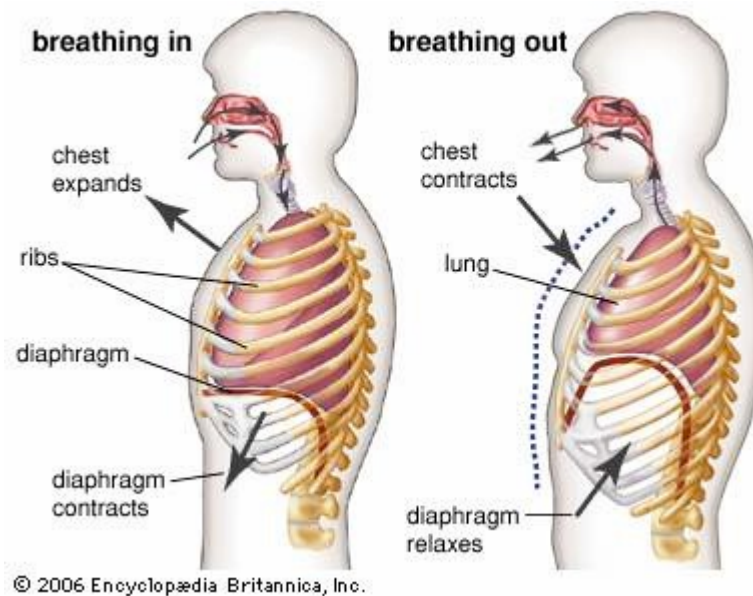


Basics First

- The Vocalist's Instrument
- Basic Breathing: Like a (sleeping) baby



Breathing Exercises

- Exhale evenly on one breath: 1-10 / A-Z
- Inhale for 8 counts, exhale for 8 counts
- Inhale on 8 breaths, exhale on 8 breaths
- 13th birthday at TGIF | ♪ ♪ ♪ ♪ | ♪ ♪ ♪ ' |



Disclaimer:

Doing breathing exercises correctly for prolonged periods may cause slight dizziness. **Practice at own risk!**

Vocalisation / Warm-up

- Bubbling
- Ma-me-mi-mo-mu
 - Voice placement / tone
- Do-mi-so, do-re-mi-fa-so, do-re-mi-fa-so-fa-mi-re-do
 - Precise pitching
 - Tonic triad
- Mi-i-i-ah-ha-ha
 - Precise pitching
- Ho-ho-ho-ho-san-na

Expanding your vocal range...

Practice makes perfect habit!